



What is a clinical trial?

Clinical trials are research studies that explore whether a medical strategy, treatment, or device is safe and effective for humans. These studies also may show which medical approaches work best for certain illnesses or groups of people.

COERCION STATEMENT

Please remember that trials are voluntary and up to the participants and their families. Help 4 HD supports your choice and knows that it is a very personal decision.

Clinical research is the only way to find treatments or the ultimate goal of a cure. Help 4 HD would like to thank you for participating in these trials and helping us all advance our future in care.

ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world. Learn more about clinical studies and about us, including relevant history, policies, and laws.

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ClinicalTrials.gov currently lists 130,756 studies with locations in 179 countries including the U.S.

Search for Studies
Example: "Heart attack" AND "Los Angeles"
Advanced Search | See Studies by Topic | See Studies on a Map

Search Help
• How to search
• How to find results of studies
• How to read a study record

Registered Study Locations
Total N = 130,756 studies (Data as of August 10, 2012)
• Non-U.S. Only (42%)
• U.S. Only (42%)
• Not Specified (17%)
• Both U.S. & Non-U.S. (9%)

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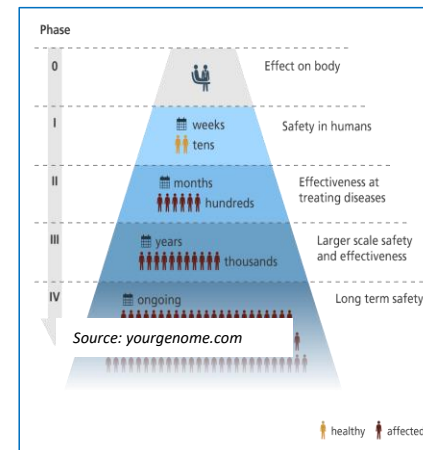


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Preparing 4 a Clinical Trial

An easy guide to follow leading up to your trial day





MINIMAL DISCUSSION: when helping someone with HD participate in a trial, try to avoid too much discussion the night before to prevent unnecessary stress/perseveration.

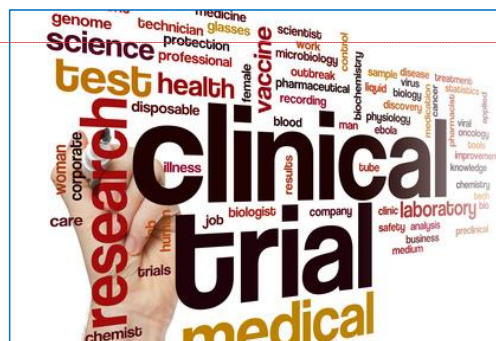
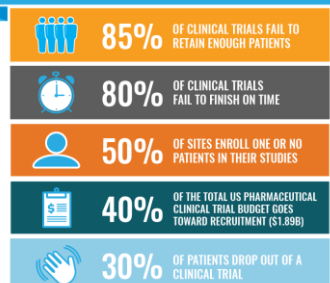
ACTIVITY: try watching a favorite movie, playing a board game or doing another favorite calm activity the night before to help the participant feel at ease.

REVIEW: talk to your coordinator frequently with any and all questions. Request and review the informed consent in case you have questions. Review your plan the day before if possible.

PAPERS: print out directions to the clinic, parking instructions, medications lists etc.

WE WILL NEVER HAVE NEW THERAPIES AND TREATMENTS FOR HUNTINGTON'S DISEASE UNLESS A CLINICAL TRIAL HAS PROVEN SAFETY TOLERABILITY AND EFFICACY. WE WANT TO THANK OUR BRAVE COMMUNITY MEMBERS AND THEIR FAMILIES THAT HAVE PARTICIPATED OR CURRENTLY ARE PARTICIPATING IN CLINICAL TRIALS. THESE TRIALS GIVE US HOPE FOR THE FUTURE.

CLINICAL TRIAL AWARENESS



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The Day of Your Clinical Trial...

... for both Caregiver and Patient

BRING ALONG:

- ❖ Snacks
- ❖ Favorite drinks (thickener & straw if needed)
- ❖ Entertainment (i.e. DVD player or cards)
- ❖ Change of clothes (keep weather in mind)
- ❖ Briefs/wipes
- ❖ Medications
- ❖ Pillow/light blanket
- ❖ Phone chargers
- ❖ D.M.E. (walker, wheel chair etc.)

TIPS:

- ❖ Leave early for the trial time. If you are stressed about arriving late, both you and your loved one will have a much harder day. This is especially important if it is your first time visiting the clinic for this study.
- ❖ Eat a full breakfast (unless asked to fast).
- ❖ If you are not bringing along your medications, do print out a list of all medications, including vitamins and over-the-counter medications and supplements.
- ❖ Both caregiver/patient should wear comfortable clothing and shoes, as it will be a long day.