

# Help 4 HD International Inc.

*Educating The World About Huntington's Disease*

2020-2021

## *Meet the Board*



**Katie Jackson**  
President/CEO/Director



**Katrina Hamel**  
Vice President/CFO



**Vicki Owen**  
Secretary/Director



**Michael Sabado, MBA**  
CIO/Director



**Stacey Sarget, RN**  
Director



**Tammy Miller**  
Director



**Terry Tempkin, ANP**  
Director/Medical Advisor

## *Our History*

**Help 4 HD International** began its mission to educate the world about Huntington's disease in May 2010 when founder Melissa Biliardi organized the first symposium and CME in Santa Maria, California. In June, the first support groups were formed and in November, the first online radio show was created to bring education and information to the HD community. Help4HD was incorporated and received tax exemption as a 501(c)(3) public charity in 2013. Now in its 6th season, Help4HD Radio's 95,000 listeners and the world have free access to 215 archived episodes available on [BlogTalkRadio.com/Help4HD](http://BlogTalkRadio.com/Help4HD) and iTunes. In September 2015, Help4HD opened its first affordability shop and resource center, Caring 4 HD, in Lompoc, California, to serve the underserved and to help HD families on the California Central Coast.

Help4HD is a grassroots patient advocacy organization, and as President Katie Jackson says, "We are in the trenches with the people because we are the people." The staff and volunteers come from diverse backgrounds: corporate and small business, sales and marketing, education, information technology, military services, communications, journalism, social work, counseling, healthcare, and hospitality, and all are personally affected by Huntington's disease. At Help4HD the battle cry is "Never Give Up!" and the mantras are "Children Are First Priority," "Family First," and "Don't Wait—Do It Now!"

Help 4 HD International is a proud communications partner of the Huntington Study Group (HSG) and plays a vital role in connecting the HD community with research and industry, providing news about upcoming clinical trials and studies, broadcasting information through its multimedia communications platform, social media networks, and Help4HD Radio. Help4HD knows that without clinical trials, the HD community will never have treatments, therapies, or the cure. Help4HD knows that attending important advocacy meetings is paramount to pushing successful treatments and therapies through regulatory agencies, and its representatives are dedicated to attending these meetings.

Our vision includes partnering with national and international organizations and foundations in collaboration to educate, inform, and inspire the HD community and the world. Since its beginning, Help4HD has successfully communicated in ways that had never been tried before. Help4HD is on the cutting edge of pioneering new ways in which to better serve the HD and JHD (Juvenile Huntington's disease) community and to educate the world about Huntington's disease.

Help4HD programs, support groups, symposia, educational programs, HD and JHD awareness events, and global communications will continue to expand every year, thanks to the generous support of our donors, sponsors and granting foundations.

Visit: [www.Help4HD.org](http://www.Help4HD.org)